

# MAKING A DECISION

You can use this sheet to help you record your test results and think about the advantages and disadvantages of various treatment options.

## PROSTATE BIOPSY RESULTS

PSA level: ..... Gleason Score: ..... Stage: .....

### Risk category:

Low-risk  Intermediate-risk  High-risk

## 'HOW MUCH THIS MATTERS' SCORE

Think about the advantages and disadvantages of any treatment options you have been offered and how much they matter to you. To help you decide on the best treatment choice for you, you can score each advantage and disadvantage from 0-4. The higher the number the more it matters to you.

Doesn't matter at all **0** Matters a little **1** Doesn't matter either way **2**  
Matters more than not **3** Matters a lot **4**

Treatment choices	Advantages	How much it matters (0-4)	Disadvantages	How much it matters (0-4)