We support cancer research

The Irish Cancer Society is the leading funder of cancer research in Ireland.

This year, Dr Róisín Dwyer received the Society’s first Researcher of the Year award, which honours an outstanding researcher who is advancing our understanding of cancer for the benefit of patients. Her research, funded by the Irish Cancer Society, uses adult stem cells to deliver anti-cancer drugs directly to breast tumours as a potential new treatment for breast cancer.

The Irish Cancer Society’s Cancer Information Service offers free, confidential advice, support and information on any question about any cancer.

Our National Cancer Helpline is staffed by specialist cancer nurses.

Call us free on 1 800 200 700
Open Mon-Thurs 9am - 7pm and Friday 9am - 5pm

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Ask us about
- Types of cancer
- Treatment and side effects
- Scans and tests
- Emotional support
- Financial issues
- Talking to someone else who has had cancer
- Linking you with local services across the country

You can share your cancer experience by joining the online forum on our website. You can also contact a cancer nurse online, using live chat. This service is totally confidential.

See www.cancer.ie for more information.

The Irish Cancer Society relies on your support to provide all these services for free. We cannot do it without you.

Thank you!
We promote healthy lifestyles

Our Health Promotion programmes help to prevent cancer, promote early detection and save lives by making you aware of the lifestyle changes that lower your risk of cancer. You can reduce your risk of cancer by up to 50% when you make healthy lifestyle choices.

We run public awareness campaigns, and we develop up-to-date information leaflets and booklets for distribution to hospitals, GPs and communities across the country.

Smoking

Smoking is the single biggest cause of cancer in Ireland. We help people to quit smoking and encourage young people not to start.

We do this through a range of programmes including the National Smokers’ Outreach – Call Save 1850 201 203, and our Xhale project which focuses on young people in the community by engaging them directly in projects which raise awareness about the dangers of smoking.

Physical Activity Programme

Daily physical activity reduces the risk of cancer, and reduces the risk of recurrence for cancer survivors. We are currently pilot testing a physical activity programme for cancer survivors, designed to improve their overall health and well-being, and reduce the chance of their cancer coming back.

Community Health Education Programme

The Community Health Education Programme (CHEP) trains community volunteers to give talks on how to follow a CancerSmart lifestyle. To volunteer, organise a CHEP talk in your area, or to order literature call the National Cancer Helpline Freephone 1800 200 700.

We will support you and your family

1. Daffodil Centres

At your next hospital appointment, visit one of our Daffodil Centres, now available in Cork, Galway and in Dublin at the Beaumont Hospital; the Hermitage Medical Clinic; the Mater Hospital; St. James’s Hospital; and Tallaght Hospital.

To find out more, call the National Cancer Helpline Freephone 1800 200 700.

2. Survivors Supporting Survivors

We enable people who are affected by cancer to meet with a volunteer, or speak to them over the phone. All of the volunteers have had a cancer diagnosis and have been trained to give advice, and emotional and practical support to cancer patients and survivors.

3. Counselling

If you or someone close to you has been diagnosed with cancer, you may feel lots of different emotions including fear, anger and confusion. We can arrange for you to have professional counselling to help you to cope better.

4. Support Groups

We are the national umbrella body for cancer support groups and centres across Ireland. More than 45 organisations are currently using our good practice guidelines to ensure their services are the best they can be. The National Cancer Helpline has the most up to date information on the groups affiliated to the Irish Cancer Society and can connect people with the support most suited to them.

We are with you throughout your journey

If you would prefer to stay at home when you are seriously ill...

One of our night nurses can care for you at night time to give you nursing care, practical support and reassurance in your own home as you need it.

If you don’t have a means of transport...

Using volunteer drivers, our Care to Drive service can help you to get to and from your cancer treatment.

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