CANCER SUPPORT SERVICES in Ireland

DIRECTORY

Connaught
Welcome


More people are getting cancer in Ireland. It is estimated that one in three of us will be diagnosed with the disease during our lifetime. Cancer is however increasingly viewed as a condition from which people survive.

Evidence shows that when people experiencing cancer receive good social and psychological support, their quality of life improves. It is well recognised that the voluntary sector in Ireland has been the mainstay in the provision of supportive care for cancer patients in the community. Through this support, patients have been empowered to deal with the emotional and practical challenges of the disease.

The Irish Cancer Society has committed to assisting community-based cancer support services to build their capacity so that no matter where in Ireland one lives, they receive the highest possible standard of care in their community.

The purpose of this directory is to provide information on the availability of cancer support services in Ireland and to promote their use. The directory includes information on all support groups, centres and services affiliated to the Irish Cancer Society. As new groups develop the Irish Cancer Society will endeavour to provide support and information as well as inclusion in the Directory. For all the latest updates and downloads please see www.cancer.ie/supportservices.

We hope you find this Directory useful and informative and we would like to take this opportunity to reiterate our commitment to supporting the on-going development of all service providers.

The vision of the Society is toward a future without cancer. We are confident that this directory is a key component in meeting the information needs of patients, families, health care professionals, and all those working in cancer support services.

Dorothy Surrett-Thomas
Community Services Programme Coordinator
A few words about affiliation

What is affiliation?
Affiliation is where a group or cancer support service becomes part of a network (it can be local, regional or national). This can be a loose arrangement or it may involve a more formal affiliation process where the cancer support service has to meet certain criteria in order to become an affiliate.

Irish Cancer Society Affiliation Programme
The goal of the Irish Cancer Society affiliation programme is to increase access to and utilisation of cancer support services in Ireland using a proven model of practice and a network of support services. In consultation with the membership, the Irish Cancer Society has developed a more structured approach to its provision of training, technical supports and grants. Training is offered on a regional basis and affiliates are invited to apply for specific grants to carry out measurable activities.

The Irish Cancer Society will continue to provide support to new cancer support services during their first two years of development regardless of whether they affiliate or not.

Participation in the affiliation is completely voluntary. If you would like to learn more about affiliation to the Irish Cancer Society or apply to become an affiliate, please contact us on 01 231 0500 or email support@irishcancer.ie
Key to symbols

- Children’s services
- Complementary therapies
- Confidential service
- Counselling service
- Deaf services
- Information service / seminars
- Meals programme
- Medical staff
- Physical activity
- Telephone service
- Transportation service
- Wheelchair accessible

- Facebook
- Twitter
- Linked in
Athenry Cancer Care

The Athenry Cancer Care Centre provides a voluntary support service for people on a cancer journey. The Centre offers a holistic approach, recognising that a person who is on a cancer journey is not just a body to be treated, but is body, mind, soul and spirit, all in one, in need of nurture.

What cancer type is the group/centre for?
All cancers

Who is the group/centre for?
Carers, patients, adults, relatives, young adults with cancer

Geographical areas served
Galway

What support/services are offered?
1-to-1 support, bereavement support, home/hospital visiting, pampering service

Opening Hours
Monday 3 – 6pm massage; Tuesday 11am – 1pm or 2 – 4pm counselling; Wednesday 3 – 6.30pm head & shoulder massage; Thursday 10am – 1.30pm reiki; Friday 10am – 1pm Manual Lymph Drainage (MLD); Support group meetings – second Wednesday of every month at 7pm; other times by appointment

Contact Details:
Address: Social Service Centre, New Line, Athenry, Co. Galway
Telephone: 091 844 319; 087 412 8080
Email: athenrycancercare@gmail.com
Website: www.athenrycancercare.com
Ballinasloe Cancer Support Centre

The Ballinasloe Cancer Support Centre Company Ltd. was set up in March 2010 to provide a psychological and emotional support service for persons diagnosed with cancer and their families. It provides a free and confidential service which includes counseling, reflexology, acupuncture, holistic massage therapy, and bereavement support.

The centre is also committed to providing ongoing information and education on relevant topics and has available a list of publications, booklets and pamphlets in the centre. No appointment is necessary to drop into the centre during opening hours.

What cancer type is the group/centre for?
All cancers

Who is the group/centre for?
Everybody: carers, patients, adults, relatives, children with cancer, young adults with cancer

Geographical areas served
Ballinasloe, North /East Galway, South Roscommon, North Offaly, Athlone

What support/services are offered?
1-to-1 support, bereavement support, health professionals involvement, cancer information materials, general information, home/hospital visiting

Opening Hours
Monday 4pm – 6pm; Wednesday, Friday 10 – 1pm

Contact Details:
Address: Main Street, Ballinasloe, Co. Galway
Telephone: 090 964 5574
Email: ballinasloecancer@yahoo.co.uk
East Galway & Midlands Cancer Support

East Galway & Midlands Cancer Support is a voluntary organisation that offers psychological, emotional and practical support to people with a cancer diagnosis and their families. It is open to everyone regardless of age, gender, race or nationality.

**What cancer type is the group/centre for?**
All cancers

**Who is the group/centre for?**
Everybody: carers, patients, adults, relatives, young adults with cancer

**Geographical areas served**
Galway, Westmeath, Roscommon, North Tipperary

**What support/services are offered?**
1-to-1 support, cancer specific support groups, medical social worker, energy healing, acupuncture, chiropodist, art therapy, fitness club, baking club, reiki, counselling, bioenergy, massage, mindfulness, wig service (by appointment), beauty treatments, something to sing about choir

**Opening Hours**
Monday, Wednesday, Friday 10am – 3pm; Tuesday, Thursday 10am – 9pm

**Contact Details:**
**Address:** East Galway & Midlands Cancer Support, Brackernagh, Ballinasloe, Co. Galway
**Telephone:** 090 964 2088 (24hr)
**Email:** info@egmcancersupport.com
**Website:** www.egmcancersupport.com
Hand in Hand

Hand in Hand is a non-profit organisation based in Galway which provides practical and emotional support to families who have a child undergoing treatment for cancer. Hand in Hand’s services give these families on the ground support that helps to minimise the impact that both the cancer diagnosis and frequent travel for treatment has on family life. By availing of these services, families find they have more precious time to care for their sick child. Hand in Hand have a children’s cancer support centre in Oranmore, Co. Galway.

What cancer type is the group/centre for?
All cancers

Who is the group/centre for?
Relatives, children with cancer

Geographical areas served
National

What support/services are offered?
Practical support with childcare, household cleaning, laundry and family meals. Emotional support in the centre with peer group meetings, sibling support groups and more

Opening Hours
Monday – Friday 9am – 5.30pm

Contact Details:
Address: Hand in Hand, Children’s Cancer Support Centre Main Street, Oranmore, Co. Galway
Telephone: 091 483 694; 087 660 0103 (emergency/after hour calls)
Email: info@handinhand.ie
Website: www.handinhand.ie
Facebook: www.facebook.com/HandinHandWest
Gort Cancer Support Group

Gort Cancer Support was established in June 2007 to provide support and practical assistance to anyone affected by a cancer diagnosis in the South Galway, North Clare areas. We adopt a holistic approach towards our clients and their family members by providing a range of activities and social events which will enhance our clients’ well-being and coping skills.

What cancer type is the group/centre for?
All cancers

Who is the group/centre for?
All people affected by a cancer diagnosis

Geographical areas served
South Galway and North Clare

What support/services are offered?
Support groups

Opening Hours
Monday to Friday 9.30am – 4pm

Contact Details:
Address: Garrabeg, Gort, Co. Galway
Telephone: 091 648 606; 086 172 4500
Email: info@gortcancersupport.ie
Website: www.gortcancersupport.ie
Irish Brain Tumour Support Group – Western Region

The group was founded by a small group of patients and their families. It is a voluntary community based support group.

**What cancer type is the group/centre for?**
Benign and cancerous brain tumours

**Who is the group/centre for?**
Adults with brain tumour and their relatives

**Geographical areas served**
Galway and all counties in the western region

**What support/services are offered?**
Support group meetings, guest speakers, home/hospital visiting

**Opening Hours**
Support group meetings take place on the second Thursday of each month. Please call for details

**Contact Details:**
**Address:** Cancer Care West, Seamus Quirke Road, Galway
**Telephone:** 087 783 4826
**Email:** annebckly@yahoo.ie
Tuam Cancer Care Centre

Tuam Cancer Care is a voluntary organisation that offers psychological, emotional and practical support to people with a cancer diagnosis and their families. It also provides general cancer-related information.

What cancer type is the group/centre for?
All cancers

Who is the group/centre for?
Carers, patients, adults, relatives, children

Geographical areas served
Galway, Mayo, Roscommon

What support/services are offered?
1-to-1 support, prosthesis fitting, bereavement support, lymphoedema support, public info seminars, talks. CLIMB® programme to help children understand cancer, physical activity programme, health professional involvement. Cancer related workshops and courses

Opening Hours
Monday– 10am – 2pm and 7pm – 9pm, Tuesday – Friday 10am – 2pm

Contact Details:
Address: Cricket Court, Dunmore Road, Tuam, Co. Galway
Telephone: 093 285 22
Email: support@tuamcancercare
Website: www.tuamcancer.ie

www.facebook.com/TuamCancerCareCentre
@TuamCancerCare
Cara Iorrais Cancer Support Centre

Cara Iorrais is a voluntary organisation which offers support and encouragement to people in Belmullet and the Erris area who are diagnosed with cancer and also to their families and friends. All the volunteers at the centre have been through the trauma of cancer so when one visits our house they are shown understanding and encouragement as they encounter so many people who have recovered from the illness.

What cancer type is the group/centre for?
All cancers

Who is the group/centre for?
Carers, patients, adults, relatives, young adults with cancer

Geographical areas served
Mayo

What support/services are offered?
1-to-1 support, health professionals involvement, home/special visiting, social events, prosthesis fitting

Opening Hours
Tuesday – Friday 10.45am – 2.30pm

Contact Details:
Address: 2 Church Street, Belmullet, Co. Mayo
Telephone: 097 205 90
Email: caraiorrais@gmail.com
www.facebook.com/cara.iorrais
Mayo Cancer Support Association

Mayo Cancer Support Association was formed in August 1999. It was formed by a group of volunteers who recognised the need for the service through personal experience and working with people diagnosed with cancer. Due to the growing demand for these services and with the help and support of people in Mayo, on the 14th April 2003, the service moved to its own premises at Rock Rose House, St Patrick’s Avenue, Castlebar.

What cancer type is the group/centre for?  
All cancers

Who is the group/centre for?  
Carers, patients, adults, relatives

Geographical areas served

Mayo

What support/services are offered?  
1-to-1 support, bereavement support, drop-in listening service, public information/seminars, support groups, complementary therapies

Opening Hours

Monday – Friday 9.30am – 5pm

Contact Details:

Address: Rock Rose House, 32 St Patrick’s Avenue, Castlebar, Co. Mayo
Telephone: 094 903 8407
Email: info@mayocancer.ie
Website: www.maycancer.ie
Roscommon Cancer Support Service

Roscommon Cancer Support Centre supports people and families affected by cancer in their lives.

What cancer type is the group/centre for?
All cancers

Who is the group/centre for?
Patients, adults, relatives

Geographical areas served
Roscommon

What support/services are offered?
We provide counselling, complementary therapies, and a range of programmes to promote holistic wellbeing, including yoga, meditation and creative arts

Opening Hours
Monday to Friday 9.40am to 5pm. Please contact us to arrange an appointment or for further information

Contact Details:
Address: Vita House Family Centre, Abbey Street, Roscommon
Telephone: 090 662 5898
Email: info@vitahouse.org
Website: www.vitahouse.org
Sligo Cancer Support Centre

Sligo Cancer Support Centre is a place of peace and hope, where people with cancer and their families can access support, counselling, complementary therapies and holistic workshops in a caring and tranquil environment. A place where no one feels alone on their journey to recovery.

What cancer type is the group/centre for?
All cancers

Who is the group/centre for?
Carers, patients, adults, relatives, young people

Geographical areas served
Sligo, Leitrim, North Roscommon, South Donegal

What support/services are offered?
1-to-1 support, home/hospital visiting, bereavement support, prosthesis fitting, workshops, complementary therapies

Opening Hours
Monday – Friday 9am – 5pm

Contact Details:
Address: 44 Wine Street, Sligo
Telephone: 071 917 0399
Email: scsc@eircom.net
Website: www.sligocancersupportcentre.ie
Facebook: www.facebook.com/sligocancersupportcentre
Twitter: @SligoCancerSupp