The number of men in Ireland who develop the 3 most common cancers by the age of 75:

1 in 7—Prostate Cancer
1 in 20—Colorectal Cancer
1 in 23—Lung Cancer

1 in 3 men in Ireland will develop cancer in their lifetime.*

Incidence & Mortality

Incidence of 3 most common cancers

Reduce Your Risk

- Be more active
- Don't smoke
- Eat a balanced diet
- Reduce alcohol intake

Useful Sites

- www.cancer.ie
- www.mhfi.org
- ie.movember.com

International Men's Health Week
June 13th - 19th 2016