

Role Title	Peer Support Volunteer
Overview of role	<p>Peer Support is a free and confidential telephone service that connects someone undergoing cancer treatment with a volunteer who had a similar cancer experience.</p> <p>Your role is to provide emotional and practical support to people living with cancer, in a safe and responsible way.</p>
Tasks involved in role	<ul style="list-style-type: none"> ▪ To respond to referrals from our cancer nurses ▪ To provide people with cancer with emotional and practical support ▪ To attend training to help you with your role and to follow the Irish Cancer Society guidelines for this role
Skills and Experience Needed	<ul style="list-style-type: none"> ▪ Good listening and communication skills ▪ A caring, understanding and friendly attitude ▪ To be non-judgemental ▪ Respect confidentiality ▪ Completed cancer treatment at least 2 years ago or more
Time Commitment Needed	<p>The length of a phone call can vary for each person (this is dependent on the individual situation) and there would be possibly 1-2 calls per month but this does depend on the service demand and the type of cancer.</p>
Location of Role	<p>This volunteering role is based from home.</p>
Training	<p>All volunteers will receive training from the Irish Cancer Society staff on communication skills and what your role as a Peer Support volunteer is. Your training will take place online and will consist of online learning/modules and a group online session. Those who need additional support in using laptops /online platforms for training can be supported by our staff so please let us know if you require any accommodations.</p>
Supervision	<p>Once you start your role, you will have ongoing support and supervision from the Peer Support coordinator in the Irish Cancer Society. They will be available to answer any queries or concerns you may have. They will check in with you individually two months and six months after starting to ensure you're getting on well. You will be invited to group sessions with other volunteers and also group support sessions throughout the year. You will also have individual periodic reviews with the Peer Support Co-Ordinator.</p>
Expenses	<p>Reimbursement for the cost of phone calls can be provided – please keep a record of your itemised phone bill.</p>
Benefits	<p>You will get the opportunity to provide practical support and share your personal cancer experience with someone undergoing a similar treatment.</p>
Physical requirements	<p>There are no physical requirements for this role.</p>

No Smoking Policy	The Irish Cancer Society operates a no-smoking policy, and the volunteer must not smoke while on the premises of, or while identifiable as a volunteer of, the Irish Cancer Society.
How to apply	All volunteers must complete the online application form and an interview. If successful, volunteers must complete training and all paperwork required. Applicants are asked to submit two references.