

Tax Relief for Medical Expenses

If you pay medical expenses that are not covered by the State or by private health insurance, you can claim tax relief on some of those expenses. These can be your own health expenses, those of a family member or any individual's, as long as you paid for them.

You cannot claim tax relief on the following:

- Any [medical expenses](#) that have been, or will be, paid for by the HSE or a private health insurance company.
- Any medical expenses that have been, or will be, the subject of a compensation payment.
- Any expenses relating to routine dental and eye care.

How to claim

To claim these health expenses, you will need to complete your tax return form.

Remember, any claim must be made within 4 years of the end of the tax year in which you had the medical expenses you're claiming for.

For detailed information, applicants are advised to:

- Visit the [Revenue website](#)
- Visit [Citizens Information](#) online
- Call Citizens Information on 0761 07 4000 – Monday to Friday from 9am to 8pm
- Visit your local [Citizens Information](#) office
- Call our Cancer Support Line on Freephone 1800 200 700 – Monday to Friday from 9am to 5pm
- Contact your Medical Social Worker