

Living Alone Increase

The Living Alone Increase is an extra payment for people on certain social welfare payments who are living alone.

What is the rate of payment?

The rate of payment is a weekly increase of €14.

If you qualify for the Living Alone Increase, you may also qualify for Telephone Support Allowance.

Who can apply?

If you are 66 years or over you may qualify if you live alone and are getting one of the following payments:

- State Pension (Contributory)
- State Pension (Non-contributory)
- Widow's/Widower's or Surviving Civil Partner's (Contributory) Pension
- Widow's/Widower's Pension under the Occupational Injuries Benefit Scheme
- Incapacity Supplement under the Occupational Injuries Benefit Scheme
- Deserted Wife's Benefit

If you are under 66 years, you may qualify if you live alone and are getting:

- Disability Allowance
- Invalidity Pension
- Incapacity Supplement
- Blind Pension

How do I apply?

Visit your local [Social Welfare office or Intreo Centre](#) to complete the LA1 application form.

Or

Visit the [Department of Social Protection](#) website to download and complete form LA1.

Send the completed form to the section of the Department of Employment Affairs and Social Protection that pays your main pension or benefit.

We won't give up until cancer does



The information above is an overview of the Living Alone increase.

For detailed information, applicants are advised to:

- Visit [Citizens Information](#) online
- Call Citizens Information on 0761 07 4000 – Monday to Friday from 9am to 8pm
- Visit your local [Citizens Information](#) office
- Call our Cancer Support Line on Freephone 1800 200 700 – Monday to Friday from 9am to 5pm