

## Household Benefits Package

The Household Benefits Package (HBP) helps with the cost of your TV licence and your electricity or gas bill. Only one person in a household can get the Package.

You can get the Household Benefits Package if you are **aged 70 or over**. You do not need to be getting a State pension and the package is not affected by your income (not means tested). In [certain circumstances](#), people **under 70** can get the HBP.

Carers may also qualify for the HBP if they receive Carer's Allowance and live with the person they are caring for.

## What is the rate of payment?

Household Benefits Package rates in 2020

Allowance	
Electricity Allowance	€35 monthly (€1.15 per day)
Gas Allowance	€35 monthly (€1.15 per day)
Television Allowance	Free from your next renewal date

## Who can apply?

To get the Household Benefits Package, you must:

- Be legally and permanently living in the State (full-time, all year round)
- Be the only person in your household getting the HBP.
- Have the electricity or gas bill in your name (if you are applying for an Electricity or Gas Allowance).
- Be **aged 70 or over**. If you are under 70, you must also meet certain additional [rules](#).
- Be a carer. If you receive Carer's Allowance, you can get the HBP, but you must be living with the person you are caring for.

## How do I apply?

Visit your local [Social Welfare office or Intreo Centre](#) to complete form HB1

Or

Visit the [Department of Social Protection](#) website to download and complete form HB1

Return your completed application form to the Household Benefits Package section:

We won't give up until cancer does



Household Benefits Package Section  
Social Welfare Services  
College Road  
Sligo  
Ireland

The information above is an overview of the Household Benefits Package.

For detailed information, applicants are advised to:

- Visit [Citizens Information](#) online
- Call Citizens Information on 0761 07 4000 – Monday to Friday from 9am to 8pm
- Visit your local [Citizens Information](#) office
- Call our Cancer Support Line on Freephone 1800 200 700 – Monday to Friday from 9am to 5pm
- Contact your Medical Social Worker