### **THREE EASY WAYS TO BANK YOUR FUNDS:**



## SET UP A JUST GIVING PAGE:

Your funds come to us automatically once every month Please note that the receipt we send to you reflects the funds that were raised on your justgiving.ie page in the last calendar month (Minus handling fee where applicable).

#### BY CARD OVER THE Phone:

Call the fundraising team on CallSave 1850 60 60 60 and donate/lodge your funds by debit or credit card.

If you have any questions you can get in touch with our fundraising team on CallSave 1850 60 60 60 or by emailing fundraising@irishcancer.ie



#### SEND US A CHEQUE OR Bank draft:

Drop a cheque or bank draft in the post with your name, address and supporter number. Our address is 43/45 Northumberland Road, Dublin 4. Due to new banking procedures all cheques must be made out to Irish Cancer Society. Please write any further information on the back of the cheque.

### TODAYFM.COM/DARETOCARE Cancer.ie

TISTEN LIVE

## GRAB A MATE. DO A DARE. FIGHT CANCER. Fundraising guide

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### **REMEMBER:**

We want you to enjoy your fundraising activities and stay safe! The Irish Cancer Society accept no liability for any loss, damage or injury caused during the event you undertake. The Society's insurance does not cover property or the property of your helpers and guests, nor does it cover your personal liability for any injury suffered by yourself or your event participants. You should seek independent insurance advice prior to organising your event. Remember to use common sense when it comes to health and safety. Where food is involved, please take care and work to ensure safe preparation, storage and cookind. Please follow good hygiene practices.

### **DISCLAIMER:**

The Fundraiser agrees to release the Irish Cancer Society to the fullest extent permissible under law for claims and demands of any kind, and from all liability that may arise in respect of any damage, loss or injury occurring to any person, except where such liability arises because of the negligence of the Irish Cancer Society or its agents.

The Irish Cancer Society reserves the right to terminate the agreement relating to an event at any time if it appears that a likelihood of the Fundraiser failing to adhere to any of the above terms and conditions.





Ground Floor, Lawley House, Monahan Road, Cork Dare to Care Hotline: 1850 60 60 60 Cancer Nurseline: 1800 200 700 Email: fundraising@irishcancer.ie

Email: fundraising@irishcancer.ie www.cancer.ie

Irish Cancer Society

www.facebook.com/IrishCancerSociety

43/45 Northumberland Road, Dublin 4

www.twitter.com/IrishCancerSoc

## THANK YOU FOR TAKING PART IN TODAY FM'S DARE TO **CARE IN SUPPORT OF THE IRISH CANCER SOCIETY!!**

This year we are back with a bang and bigger than ever! As Dare to Care was such a huge success last year, we are delighted to be teaming up with Today FM again to help families across Ireland affected by cancer and we are delighted to have you on board too!

So here's how it works, we are asking you and the Irish public to quite literally dare your friends and family to care, have some fun and a few laughs along the way. In doing so, you will be funding free cancer services and lifesaving research. You'll be giving hope to those affected by cancer and their families, like Noelle.

Noelle from Tipperary discovered a lump in her breast just before her 38th birthday. She was diagnosed with early stage grade 3 HER2 positive breast cancer. She had a mastectomy and breast reconstruction, followed by chemotherapy and radiotherapy. Noelle was on Herceptin for almost a year before receiving the news that she was cancer free.

### "HERCEPTIN WAS A LIFE SAVER FOR ME BECAUSE MY CANCER WAS SO AGGRESSIVE, AND THAT WAS ONLY POSSIBLE BECAUSE OF CANCER RESEARCH, WHICH BRINGS WITH IT A HUGE MESSAGE OF HOPE."

#### - NOELLE. CANCER SURVIVOR. TIPPERARY

Thanks to people like you free care services and ground breaking cancer research can be funded and will save lives. So start gathering your friends and family and let's Dare to Care this September!

Let's show cancer what's what!

#### Warmest regards,

Malinder

Mark Mellett Head of Fundraising

P.S. Don't forget, there are heaps of resources on cancer.ie/daretocare to help you raise as much money as possible. Take advantage!

## **DARING TO CARE**

Stuck for ideas on how to complete your dare? We've got you covered! Doing it solo or as a group, check out some of these ideas:

**DARE TO GIVE IT UP** Alcohol, phone, chocolate – your choice!

**DARE TO WALK** 

Who needs a car or

bus to get to work

when you can walk?

### **DARE TO DINE**

Go for dinner with your friends dressed as super heroes

### **DARE TO DIVE**

Why not go all out this September for Dare to Care and take on a Skydive?

DARE TO WEAR Wedding Dress Wednesday September 20th

Stay tuned to Today FM to hear about how you can get behind the presenters dares!

# LET'S GET SOCIAL! 🗹 F 🥥

Tell EVERYONE about your Dare! Use your social media profiles to share your event.

- Create a Facebook Event and tag @IrishCancerSociety so we can like and share!
- Tag us on Twitter @IrishCancerSoc and on Instagram @IrishCancerSociety
- Don't forget to use the hashtag **#DareToCare** so we can help you spread the word!

If your friends and family don't know about your Dare, they can't pledge you!



In 2016, 120 cancer researchers in Ireland were supported, and €3.2 million spent.