

WHAT IS SARCOMA?

Sarcomas are rare cancers
that can affect any area of your body, including:

- o bones
- o cartilage
- o soft tissues (muscle, nerves and fat)

About 200 people in Ireland
are diagnosed each year with sarcoma.

**Get any unusual lumps or pains
checked by a doctor, especially:**

A golf-ball-sized
lump, more than
4–5cm across.

A lump that is
growing in size.

A lump deep
underneath
the skin

A hard lump
near a bone.

A lump that doesn't
hurt to touch,
but may hurt as
the lump gets bigger.

Spot something?
See your GP!



Questions?
Our Support Line can help!



Contact our Support Line
Freephone 1800 200 700 or supportline@irishcancer.ie
We can also set up a video call or a phone interpreter in your language.