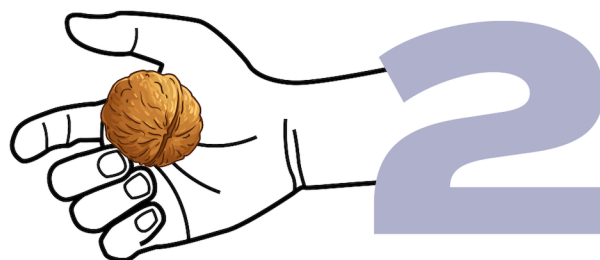
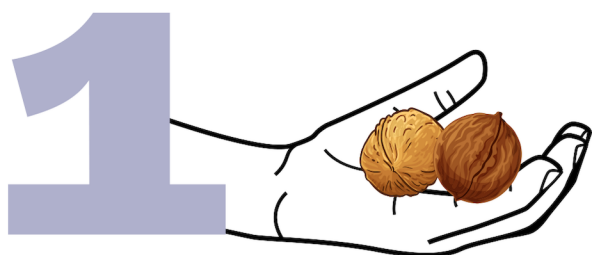


Check your testicles

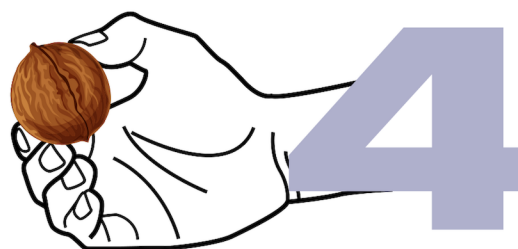
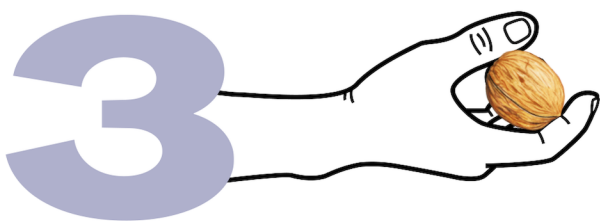
Testicular cancer is the most common cancer in young men aged 15–44.
If caught early, testicular cancer is very treatable and is nearly always curable.

Hold your scrotum. Get to know the size, shape and weight of each testicle.



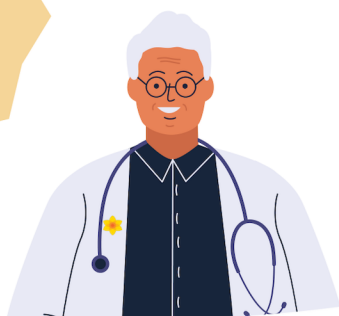
Examine each testicle by rolling it between your fingers and thumb.

Gently feel each testicle, one at a time, for lumps or swellings. Check for changes in size, shape or weight.



It is normal to feel a soft tube at the top and back of the testicle. This is the epididymis, which collects sperm.

Find something?
See your GP.



Questions?
Contact us in confidence.

Support Line Freephone 1800 200 700
or email supportline@irishcancer.ie